



Event Schedule

Friday 24 th June				Saturday 25 th June				Sunday 26 th June											
Session 1				Session 2				Session 3				Session 4				Session 5			
Warm-up 9.00 – 9.55am, Start 10.00am				Warm up 7.30 – 8.25am, Start 8.30am				Warm-up 3.00 – 3.55pm, Start 4.00pm				Warm up 7.30 – 8.25am, Start 8.30am				Warm up 3.00 – 3.55pm, Start 4.00pm			
1 - 9	100 IM	M	All ages	49 - 56	200 Fr	M	All ages	117 - 125	50 Fr	M	All ages	161 - 164	400 Fr	F	All ages	217 - 220	400 Fr	M	All ages
10 - 18	100 IM	F	All ages	57 - 64	200 Fr	F	All ages	126 - 134	50 Fr	F	All ages	165 - 173	100 Br	M	All ages	221 - 228	200 Br	F	All ages
19 - 24	200 Fly	M	All ages	65 - 73	100 Fly	M	All ages	135 - 143	100 Bk	M	All ages	174 - 182	100 Br	F	All ages	229 - 236	200 Br	M	All ages
25 - 30	200 Fly	F	All ages	74 - 82	100 Fly	F	All ages	144 - 152	100 Bk	F	All ages	183 - 190	200 Bk	M	All ages	237 - 245	100 Fr	F	All ages
31 - 39	50 Bk	M	All ages	83 - 91	50 Br	M	All ages	153 - 156	400 IM	M	All ages	191 - 198	200 Bk	F	All ages	246 - 254	100 Fr	M	All ages
40 - 48	50 Bk	F	All ages	92 - 100	50 Br	F	All ages	157 - 160	400 IM	F	All ages	199 - 207	50 Fly	M	All ages				
				101 - 108	200 IM	M	All ages					208 - 216	50 Fly	F	All ages				
				109 - 116	200 IM	F	All ages												

